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## **Incident support checklist**

| Inform H+W Manager to coordinate support which could   |  |
|--|--|
| involve:   |  |
| - PWT offering face to face or remote drop-in sessions   |  |
| with customers   |  |
| - Face to face or remote support for colleagues  |  |
| The second of th |  |
|  |  |
| Support from Area Manager / SMT / LT   |  |
| Director of Operations or Deputy Director of Operations  |  |
| informed immediately   |  |
| Area Manager/SMT/LT have been contacted and agreed:  |  |
| - Which colleague will visit to support that day/the   |  |
| following day  |  |
| How many days AM/SMT/LT will work from that  |  |
| service  |  |
| Service  |  |
| Support from other services  |  |
| Decision over whether another TM or TL needs to  |  |
| temporarily support or cover the service   |  |
|  |  |
| Other staff support  |  |
| Resources have been distributed about:   |  |
| - EAP counselling  |  |
| - Mental Health First Aider scheme   |  |
| - Any relevant topic such as bereavement, suicide or   |  |
| self-harm.   |  |
|  |  |
| Debriefing and discussion sessions   |  |
| Informing H+W Manager to coordinate a debriefing session   |  |
| within 72hrs of a serious incident:  |  |
| - This will be held by one of our trained debriefers   |  |
| - All service colleagues are encouraged to attend  |  |
|  |  |
| Arranging a discussion session with the team within a week   |  |
| of a serious incident:   |  |
| - Organised by the TM and AM   |  |
| - A chance to discuss emotions, concerns and points  |  |
| of learning within the team  |  |
|  |  |
| Deciding whether to contact Brett Grellier Psychological   |  |
| Services for group or individual debriefing sessions.  |  |
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| Reminding colleagues that they can utilise reflective practice   |  |
| sessions.  |  |
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